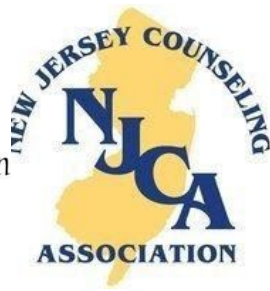




New Jersey Association
For
Multicultural
Counseling



Sunday, January 24, 2021 @ 1pm
Meeting Agenda

In attendance:

Joana Couto
Carol Ann Evangelisto
Roberto Schiraldi
Sonja Seglin
Atsuko Seto

Grounding activity

What is / History of Ho'oponopono

o Notes for your Reference:

- : <https://www.psychologytoday.com/us/blog/focus-forgiveness/201105/the-hawaiian-secret-forgiveness>
- : <https://www.youtube.com/watch?v=A9GU0TDGNrQ>

Business:

- Currently NJAMC mission statement is as per on NJCA website
“It is the mission of NJAMC to increase counselor self-awareness regarding the diversity present in our communities, and to use this awareness to aid the development of cultural competencies within the counseling profession.

We attempt to support our mission through professional discourse and training. Our current membership has identified the following goals:

- To enhance the probability of success in counseling encounters by providing NJCA members, NJAMC members and counselors at large with a better understanding of individual and group diversity.
- To create opportunities for enhancing cultural competence and multicultural counseling skills development.
- To improve the quality of life for counselors, clients and our community by providing access to information regarding issues of diversity and multiculturalism.
- To advocate, support and empower individuals, organizations and institutions to overcome existing cultural barriers.

Add NJCA and ACA statement

Racial Justice Pledge

As a multicultural group we should illustrate that more in the statement

Underrepresented / intersecting identifies (ageism, ableism, ethnicity, sexism, homophobia, religion, classism,

We recognize that white supremacy underscores and is the basis for these other isms.

Working to eradicate racism as well as other forms of oppression with the intention to create a more inclusive community.

People first language

People who come from underrepresented and marginalized backgrounds.

Change “the marginalized” to “marginalized people”

- 3 pillars of NJAMC
 - o Community Building
 - including the suitability and longevity of NJAMC
 - o Continuing Education
 - Continuing Education via CEUs mini trainings
 - o Advocacy
 - advocacy for our profession,
 - for underrepresented communities that we serve
 - Medicare LPCs
 - <https://www.counseling.org/government-affairs/federal-issues/medicare-reimbursement> LPCs are not able to be reimbursed currently by Medicare, meaning some of our clients are ageing out of care

2021 Goals

- Reach out to graduate programs – explain what NJAMC is
- Follow up on members who did attend our last meeting, but not our current
- **Fill Vacant positions in NJAMC** we are looking to fill this year (positions will formally begin on July 1st, 2021): Who has interest / nominations?
 - o President
 - o President-Elect
 - o Secretary
 - o Treasurer

Continued Conversation for our next meeting:

- Topics / Events we'd like to incorporate in 2021